

# **DAMON McCOY INVITATIONAL SWIM MEET**

## **JUNE 12, 13 and 14, 2009**

### **SANCTION:**

THIS MEET IS SANCTIONED BY LOUISIANA SWIMMING. ONLY USS REGISTERED ATHLETES OF INVITED TEAMS MAY PARTICIPATE. SANCTION NO. \_\_\_\_\_

### **DIVISION:**

10-UNDER, 11-12, 13-14, SENIOR.

### **COURSE:**

FIFTY METER LONG COURSE, EIGHT LANES, NON-TURBULENCE LANE ROPES, OUTDOORS. FULLY AUTOMATIC TIMING EQUIPMENT WILL BE USED.

### **LIMIT OF EVENTS:**

EACH SWIMMER MAY ENTER FOUR INDIVIDUAL EVENTS PLUS RELAYS EACH DAY.

### **SEEDING:**

MEET WILL BE PRE-SEEDED IN ACCORDANCE WITH USS RULES FOR TIMED FINALS. EXCEPT THE 1500 FREE. SWIMMERS MUST CHECK IN FOR 1500 METER FREE 30 MINUTES PRIOR TO THE BEGINNING OF FRIDAY'S SESSION. IF MEET MANAGEMENT DEEMS NECESSARY, THE 1500 FREE and 400 FREE WILL BE SWUM 2 TO A LANE AS A MIXED EVENT. SUBMIT LONG COURSE SEED TIMES ONLY.

### **SESSIONS:**

FRIDAY COMPETITION BEGINS AT 4:00. SATURDAY 12 & UNDER BEGINS AT 8:30 A.M. & SENIOR EVENTS BEGINS AT 1:00 P.M. OR ONE HOUR AFTER MORNING SESSION, WHICHEVER IS LATER. SUNDAY 12 & UNDER BEGINS AT 8:30 A.M. SENIOR EVENTS BEGINS AT 12:30 P.M. OR ONE HOUR AFTER MORNING SESSION, WHICHEVER IS LATER.

### **AWARDS:**

10-UNDER AND 11-12 EVENTS - MEDALS FOR FIRST, SECOND AND THIRD IN EACH INDIVIDUAL EVENT AND RELAYS. RIBBONS FOR FOURTH THROUGH EIGHTH. 13 AND OVER EVENTS - ALL ENTERED SWIMMERS WILL RECEIVE A SPECIAL MEET SWIM CAP IN LIEU OF MEDALS AND RIBBONS. AWARDS TO INDIVIDUAL HIGH POINT WINNERS IN EACH AGE DIVISION, 10 & UNDER, 11-12, 13-14 AND SENIOR. DAMON MCCOY IRONMAN AWARD MALE AND FEMALE FOR HIGH POINT WINNER FOR FRIDAY EVENTS OF 400 IM AND 1500 FREE. \$300 FIRST, \$200 SECOND AND \$100 FOR THIRD PLACE VISITING TEAMS. (COSST IS EXCLUDED)

### **SCORING:**

INDIVIDUAL EVENTS - 9-7-6-5-4-3-2-1. RELAYS - 18-14-12-10-8-6-4-2. EACH AGE DIVISION WILL BE SCORED SEPARATELY, 10 & UNDER, 11-12, 13-14 AND SENIOR.

**ENTRIES:**

ENTRY FEES: \$2.50 PER INDIVIDUAL EVENT AND \$8.00 PER RELAY TEAM AND \$4.00 PER SWIMMER SURCHARGE. WE PREFER ENTRIES VIA EMAIL ON HYTEK TO - coachoswim@gmail.com MAIL ENTRIES TO; *CITY OF SHREVEPORT SWIM TEAM, 9324 Riva Ridge, Shreveport, LA. 71115.* ENTRY FEES MUST ACCOMPANY ENTRIES.

**LIMIT OF ENTRIES:**

THE FIRST 500 INDIVIDUAL SWIMMERS.

**ENTRY DEADLINE:**

MUST BE RECEIVED NO LATER THAN WEDNESDAY, JUNE 3, 2009. LATE ENTRIES WILL BE ACCEPTED BEFORE SCRATCH DEADLINE AT DOUBLE ENTRY FEE. LATE ENTRIES WILL BE ACCEPTED FROM PREVIOUSLY ENTERED SWIMMERS IN OPEN LANES ONLY.

**CONCESSIONS:**

AT POOL SITE.

**LOCATION:**

2815 MACKAY LANE, ACROSS FROM SUMMER GROVE BAPTIST CHURCH.

**WARM-UP POOL:**

A SEPARATE WARM-UP POOL WILL BE AVAILABLE AT ALL TIMES.

**QUALIFYING TIMES:**

QUALIFYING TIMES HAVE BEEN SET ON ALL EVENTS 400 METERS AND UP. SWIMMERS THAT DO NOT MEET THESE QUALIFYING TIMES MAY NOT ENTER THESE EVENTS.

**MEET REFEREE:**

BILL KAMPHUIS, WYLIE SHORES

**WARM-UP:**

LANE ASSIGNMENTS WILL BE POSTED AT POOLSIDE.

**INFORMATION:**

SWIMMERS WITH A DISABILITY AS DESCRIBED IN THE USA SWIMMING TECHNICAL RULES ARTICLE 105, SHALL BE PERMITTED TO ENTER ANY MEET SANCTIONED BY LOUISIANA SWIMMING, INC. BUTCH JORDAN (318-686-2544)

**DANCE FOR SWIMMERS AND A SOCIAL FOR PARENTS ON  
SATURDAY NIGHT**

**Friday, June 12 warm-up 3:00-3:50, competition 4:00**

	Q.T.		Q.T.	
1	6:08.99	Senior 400 I.M.	5:41.99	2
3	3:52.00	12 & U 200 I.M.	3:44.09	4
5	21:40.99	Senior 1500 Free	20:15.99	6

**SENIOR 1500 FREE WILL BE SWAM FASTEST TO SLOWEST  
ALTERNATING GIRLS AND BOYS—2 TO A LANE**

**Saturday, June 13 warm-up 7:30-8:20, competition 8:30**

	Q.T.		Q.T.	
7	6:02.99	12 & U 400 Free	5:53.99	8
9		12 & U 100 Back		10
11		12 & U 100 Breast		12
13		12 & U 100 Free		14
15		12 & U 50 Fly		16
17		10-un 200 Free Relay		18
19		11 – 12 200 Free Relay		20

**Warm-up 12:00-12:50, Competition 1:00 (or 1 hour after completion  
of morning session, whichever is later.)**

21		Senior 50 Free		22
23		Senior 200 Breast		24
25		Senior 200 Free		26
27		Senior 100 Back		28
29		Senior 200 Fly		30
31		Senior 200 IM		32
33		Senior 200 Free Relay		34

**Sunday June 14, warm-up 7:30-8:20, competition 8:30**

35		12 & U 50 Free		36
37		12 & U 50 Breast		38
39		12 & U 50 Back		40
41		12 & U 100 Fly		42
43	3:41.09	12 & U 200 Free	3:36.09	44
45		10- U 200 Medley Relay		46
47		11- 12 200 Medley Relay		48

**Warm-up 11:30-12:20, competition begins at 12:30 (or 1 hour after completion of morning session, whichever is later.)**

49	Q.T.	Senior 100 Free	Q.T.	50
51		Senior 100 Breast		52
53	5:37.99	Senior 400 Free	5:25.99	54
55		Senior 200 Back		56
57		Senior 100 Fly		58
59		Senior 200 Medley Relay		60